



Newsletter

APRIL 2024

BPW St. Kitts



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Business and Professional Women, St. Kitts (BPW St. Kitts) is an affiliate member of the overarching organisation, the International Federation of Business and Professional Women (BPW International). BPW International, founded in 1930, is one of the most influential international networks of business and professional women with affiliates in over 100 countries in five continents. Its members include influential women leaders, entrepreneurs, business owners, executives, professionals and young business and professional women.

BPW INTERNATIONAL CONGRESS

St. Kitts



New Actions Through Cooperation
November 17-21 2024

BPW International Congress to be held in St. Kitts-Nevis

The BPW International Congress will be held in the Caribbean for the 2nd time in over 35 years, this time in our beautiful twin island federation of St. Kitts and Nevis. The XXXI BPW International Congress is scheduled for November 17th-21st, 2024, and will be held at the St. Kitts Marriott Resort. The Congress will bring together delegates and members of Affiliate Federations and Clubs, and Individual Members from across the world to this global assembly to align with the theme of this triennium - New Actions Through Cooperation. This exceptional gathering promises to strengthen bonds among leaders in business, government, and civil society to accelerate progress for all women and their families worldwide.

BPW International Congress, the General Assembly of BPW International, takes place every three years, thus starting and ending the Triennium for the BPW International Executive.

Website <https://stkittscongress.bpw-international.org/>

BPW Mission

To develop the business, professional and leadership potential of women on all levels through advocacy, education, mentoring, networking, skill-building, and economic empowerment programmes and projects around the world.



<https://www.visitst Kitts.com/>



Job Readiness Tips from the BPW Experts



Dr. Ionie Liburd Willett

Consultant
Professional Coach
and Trainer

Tips for the Job Interview

- a. Research the company

Acquaint yourself with the company's mission, values and history.

- b. Practice your answers

Prepare for the most common job interview questions and practice responding to them aloud.

- c. Dress for the occasion

Dressing appropriately can make a great first impression.



Mrs. Delcia Bradley-King

Consultant
Professional Skills
Training & Management

Tips for Professionalism in the Workplace

Professionalism means conducting oneself with responsibility, integrity, accountability and excellence. It means communicating effectively and appropriately and always finding ways to be productive.

Individuals who conduct themselves professionally, exhibit leadership traits, possess a strong sense of ethics and are well-mannered and appropriately dressed are more likely to advance faster in their chosen professions than their peers who demonstrate unacceptable behaviour in the workplace.



Ms. Dawne Williams

Consultant
Financial Services
Business Management
CEO First Federal
Cooperative Credit Union Ltd.

Tips for Job Seeking Skills (Resume Writing)

- ✓ A good resume is clear, concise and well organized .
- ✓ Always proofread your resume for correct grammar and spelling.
- ✓ Highlight what makes you the best fit for the role to which you applied.



BPW St. Kitts Dec 2023-March 2024 in photos



Left: BPW St Kitts Executive Member, Patricia Welsh (2nd from right), was the featured speaker at the Christmas Luncheon of the St Kitts-Nevis Chamber of Industry and Commerce on Wednesday 13th December 2023. She is captured here with a few BPW sisters who were in the audience to support her.
 Right: BPW members enjoying Christmas Dinner.



Left: BPW St Kitts President, Lynn Rogers Bass, presenting gifts to single mothers in need on behalf of the Club's members. The presentation was made to Ms. Sharain Williams, Case Manager, Department of Gender Affairs.
 Right Top and Bottom: New to You Sale and Breakfast Fundraiser 16 December 2023.



BPW St. Kitts Dec 2023-March 2024 in photos, continued

Women's Wellness Clinic



Business and Professional Women (BPW), St. Kitts

IN PARTNERSHIP WITH THE MINISTRY OF HEALTH & SKN MEDICAL AND DENTAL ASSOCIATION

WOMEN'S WELLNESS CLINICS

13TH JANUARY 2024
NEWTOWN HEALTH CENTRE

20TH JANUARY 2024
BASSETERRE HEALTH CENTRE

27TH JANUARY 2024
SANDY POINT MEDICAL CENTRE

3RD FEBRUARY 2024
ST. PETERS HEALTH CENTRE

7:00 am to 11:30 am

FREE Cervical Cancer Screening, Breast Cancer Examinations, Diabetes Tests and more!



Senior's Foot Care Clinic



Business and Professional Women (BPW), St. Kitts
SENIOR'S FOOT CARE CLINIC



Top: BPW Women's Wellness Clinics

The Business and Professional Women (BPW), St. Kitts collaborated with the Ministry of Health, and the St. Kitts and Nevis Medical and Dental Association to administer a 'Women's Wellness Clinic' during the month of January, World Cervical Cancer Awareness Month. This was the third year the club has organised the Women's Wellness Clinic, after a hiatus due to the COVID-19 pandemic. Four clinics were hosted at health centres across St. Kitts every Saturday for a month.

In addition to Cervical Cancer Screening (pap smear test), the nurses also conducted breast examinations, blood pressure testing; height, weight, and body mass index; diabetes screening as well as rapid testing for HIV.

Bottom Right: BPW Senior's Foot Care Clinic

BPW St Kitts held our 3rd Senior's Foot Care Clinic in partnership with the St. Kitts and Nevis Medical and Dental Association, Advanced Vocational Education Centre, and The SOUP CAFE by Unoma Allen, Saturday 24th February 2024.

BPW St. Kitts Dec 2023-March 2024 in photos, continued



Right: BPW St. Kitts took the opportunity on International Women's Day, 8 March 2024, to recognize an extremely diligent entrepreneur, Unoma Allen of The Soup Café, who despite her busy schedule has supported BPW St. Kitts over the years.

Left: The BPW St Kitts Training and Development Committee put on a fantastic 'Speed Networking' session for our members at our March meeting to get better acquainted personally and professionally.

Featured Businesses of BPW Members



GLOBAL DR. COACH
COMMITTED TO YOUR EXCELLENCE

ACADEMIC COACHING AND TRAINING
Support for:

- Interviews, CVs, Proposals;
- Thesis/Dissertation Chapters
- Dissertation Defense
- Rapporteur Service



LET'S CONNECT

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DR. IONIE LIBURD WILLETT



ABOUT US

Lyvelle underwent a rebranding by Sanara Bussue-Ugboh during a tumultuous and uncertain period of her life amidst the COVID-19 pandemic. As the world grappled with the novel disease, her creativity was challenged. Yet, out of this turmoil, a leather business was born.

Lyvelle is a unisex leather brand that offers exquisite bags and accessories crafted from genuine leather and a blend of materials such as wood, rattan, and straw. While all raw materials are imported, the design and handcrafting stages take place in St. Kitts and Nevis.




Located at Cunningham Street, Central Basseterre St.Kitts.

Our product offering expands from male and female bags, to belts, wallets and purses, card and key holders, toiletry bags and packages for after care of our leather goods.

We at Lyvelle would say " Walk hand in hand with the bag you love".

FOLLOW US

- Lyvelle
- le.Lyvelle
- le.Lyvelle
- Houseofsavelle@gmail.com

Contact us **1 869 767 5050**

New Inductees to BPW St. Kitts Jan - March 2024

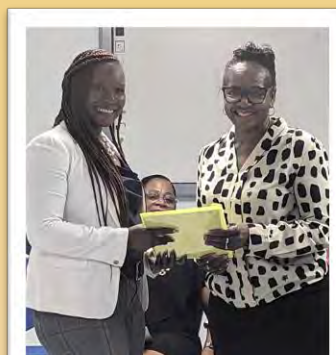
SAMANTHA BOONE



DR TRISHA LAPLACE



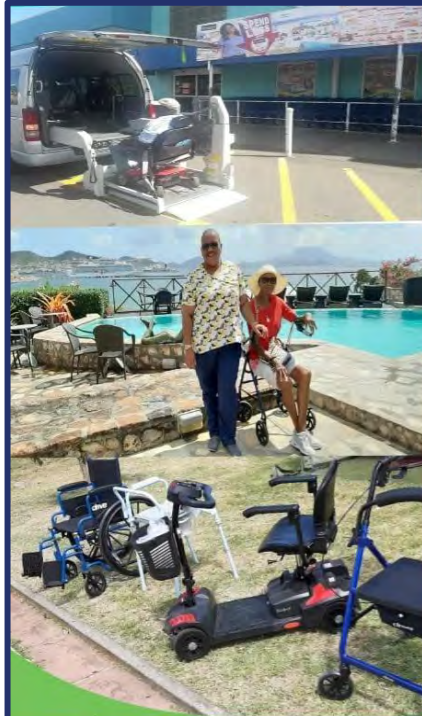
DESIREE HUGGINS



MICHELLE PHILLIP



Featured Businesses of BPW Members, Continued



Our Services Includes

- Transportation
- In Home Care
- Mobility Equipment Rentals
- Medication Reminders
- Appointments
- Errands
- Groceries Shopping
- Personal Care
- Day Trips & Activities
- Adult Day Care Center

Benefits

- Care Management
- No long wait for public transport
- Experienced Caregivers
- Licensed and Certified Drivers

Call Today! 1-869-7630073

About Us

869- AccXess Services offers quality long-term care. Our focus is providing exceptional and professional services in an environment that promotes healing and wellness.

For more info email us at 869access@gmail.com

New Inductees to BPW St. Kitts Jan - March 2024, continued

SHELLEY ISLES



JULIA BYRON-ISAAC



DAVINIA TOMLINSON



MARCASHAR WARNER



Meet Our BPW St. Kitts Members



Ms. Gillian Woods-Crooke, a longstanding BPW St. Kitts member, currently holds the position of 1st Vice President and is the Chairperson of the Membership Committee. Ms. Woods-Crooke joined the club in May 2013 and has given active service in several positions including 2nd Vice President, Parliamentarian, and Chairperson of the Social and Hospitality and the Projects and Programs Committees. She credits BPW with helping her grow professionally. She is currently employed at Belmont Management Co. Ltd as the Human Resources Manager. Among her highlights as a member of BPW, is the pleasure of meeting BPW members from all over the world at various regional and international conferences and the opportunities to network with a diverse group of BPW sisters locally and internationally.

Ms. Shanika French is a recent addition to BPW St. Kitts having joined in October 2022. She is one of our younger members and has brought with her an enthusiasm that emanates through her active participation and leadership as current Chairperson of the Training and Development Committee. Ms French is a proud faculty member of the Saddlers Secondary School and is the owner of a home-based cupcake business, Favoured Sweets and Treats. She enjoys the comradery of her fellow BPW sisters, with their varying personal and professional backgrounds. She also enjoys working together to positively impact and build our communities.



Mrs. Bernadette Williams is the current chairperson of the Social and Hospitality Committee. Mrs. Williams has been an active BPW St. Kitts member since she joined in 2016. She works as a Sales Executive with Sotheby's Real Estate and has operated her own real estate business B. Williams Property Management for the past 14 years. One of the many reasons she joined BPW St. Kitts, is her keen interest and enjoyment working and interacting with women professionals from a myriad of careers.

Meet more of our members in our upcoming Newsletter Issues

Upcoming BPW Events/Initiatives



BPW ST. KITTS
- PRESENTS -
'Fan-ta-Sea'
TEA PARTY
SATURDAY, APRIL 13, 2024
3:00PM - 6:00PM
PAMELA WALL'S RESIDENCE
CAYON STREET, BASSETERRE
(Across from Greenlands)
\$75.00 pp
CALL OR WHATSAPP 662-5816 TO PURCHASE TICKETS
BPWStKitts BPWSK



BPW ST. KITTS
New to You
SALE
\$5 - \$25
NEW ITEMS AVAILABLE!
Saturday, 27th April, 2024
Port Zante Roundabout West, Bay Road
(opposite RAMS Supermarket)
6.00am to 11.00am

BPW St Kitts' annual Tea Party is one of our signature fundraisers.

BPW St. Kitts hosts a New to You Sale to offer lightly used and new items at significantly reduced prices to the public. The sale takes place every last Saturday of the month.



COMING SOON
BPW St.Kitts
Business & Professional Women
Job Readiness Workshop
JUNE 2024
stay tuned for more details



Business & Professional Women's Club of St. Kitts P O Box 809
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